



GROOVES
HOUSTON

ENTREES

Saturday and Sunday

CAJUN ALFREDO PASTA \$16

Our Alfredo pasta is tossed in a velvety, house-made cream sauce and loaded Bell peppers, spinach, cherry Tomato.

CAJUN ALFREDO PASTA DELUXE \$32

Creamy, rich, and full of bold Cajun flavor. Our Alfredo pasta is tossed in a velvety, house-made cream sauce and loaded with tender grilled chicken, smoky sausage, juicy shrimp, and sweet crawfish tails, Bell peppers, spinach, cherry Tomato. Every bite blends comfort with coastal Louisiana flair, creating a hearty, irresistible dish that satisfies every craving.

ALLERGY ALERT -This dish contains Shellfish. Please alert server if you are affected by this *

COLLARD GREEN GUMBO (BOWL) \$14

A rich, soulful twist on a Gulf Coast classic. This hearty gumbo is slow-simmered with tender chicken, succulent shrimp, and smoky sausage, all brought together with the deep Southern comfort of seasoned collard green w/rice.

ALLERGY ALERT -This dish contains Shellfish. Please alert server if you are affected by this *

CRIOSSANT SANDWICH \$14

Protein choices (Bacon, sausage, turkey bacon, or chicken sausage), egg, and cheese between a buttery, flaky croissant and served with savory breakfast potatoes

GROOVES COUNTRY BREAKFAST \$15

Bacon, country sausage, scrambled eggs, breakfast potatoes, & Toast

GROOVY CATFISH & GRITS \$20

Crispy fried catfish over creamy southern grits served with toast
*Drown in seafood gravy w/ crab & shrimp (+\$5)

ALLERGY ALERT - all gravy is shellfish base. Please alert server if you are affected by this *

LAMB CHOP BREAKFAST \$40

Honey jerk lamb chops served with two eggs and potatoes.

PLATTER - WINGS & FRIES (20 WINGS) \$35

20 of grooves jumbo party wings plain or tossed in your choice of grooves sauce:

- BBQ
- Bourbon
- Buffalo
- Henny
- Lemon Pepper
- XXX Asian

(Only up to two wing sauce options can be chose)

Served with regular fries

SALMON TACOS \$16

Flour tortillas filled with salmon, mango pico de gallo, and spring mix with a side of cilantro lime sauce served with chips, queso.(Served Fried or grilled)

TEXAS PAIN PERDU \$15

Grilled French toast soaked in sweet custard, topped with strawberries and powdered sugar .

BREAKFAST BURRITO \$12

A flour tortilla rolled and stuffed with scrambled eggs, bacon, cheese, and breakfast potatoes

CATFISH TENDERS (3) \$16

Seasoned, cornmeal-battered fried catfish strips served with tartar sauce with regular fries

CREOLE CRAWFISH & FRIED GRITS \$20

Spicy crawfish in a rich and savory creole cream sauce over deep fried grits, served with toast

ALLERGY ALERT -This dish contains Shellfish. Please alert server if you are affected by this *

FRENCH TOAST CASSEROLE \$16

Sweet grand marnier-infused crème brûlée French toast casserole

GROOVES WING BASKET \$16

Jumbo juicy party wings naked or battered & fried crispy; toss them in your choice of grooves sauce:

- BBQ
- Bourbon
- Buffalo
- Henny
- Lemon Pepper
- XXX Asian

Served with regular fries

GROOVY SLAM \$16

3 delicious pancakes with powdered sugar and cream cheese drizzle, choice of two eggs any style, and bacon or sausage (may substitute chicken sausage or turkey bacon).

Topping Extra
Butter Pecan \$2
Bourbon Peach Cobbler \$2

PINEAPPLE BOWL \$25

Fried rice with egg, peas, carrots, and grilled chicken. (Combo options are available)

Upcharge Options:
Shrimp + \$6
Salmon +\$8

RED VELVET CHICKEN & WAFFLES \$18

Naked or Battered chicken wings & 4 red velvet waffles drizzled with cream cheese sauce.
Regular waffles available, wings can be tossed in your choice of grooves sauce :

- BBQ
- Bourbon
- Buffalo
- Henny
- Lemon Pepper
- XXX Asian

SHRIMP TACOS \$16

Flour tortillas filled with shrimp, mango pico de gallo, and spring mix with a side of cilantro lime sauce served with chips, queso.(Served Fried or grilled)

ALLERGY ALERT -This dish contains Shellfish. Please alert server if you are affected by this *

WING & WAFFLE PLATTER \$40

16 red velvet waffles & 10 jumbo party wings. Regular waffles available, wings can be naked or battered and tossed in your choice of grooves sauce :

- BBQ
- Bourbon
- Buffalo
- Henny
- Lemon Pepper
- XXX Asian

Serves 4-6 people

SIDES

BACON \$5

BRUSSELS SPROUTS \$6

- tossed in Ginger Soy Sauce

CHICKEN SAUSAGE \$5

COLLARD GREENS \$8

EGGS \$5

MAC AND CHEESE \$8

SIDE CATFISH FILET \$8

SOUTHERN GRITS \$6

BREAKFAST POTATOES \$5

CANDIED YAMS \$8

CHIPS & QUESO \$10

COUNTRY SAUSAGE \$5

FRIES \$8

ONION RINGS \$8

SIDE SALMON FILET \$10

TEXAS TOAST \$2